



Bible Meditation Worksheet

1. **Choose a passage and write it here:**
2. **Reread** several times with different emphasis on different words and phrases.
3. **Rewrite** the passage in your own words:
4. **What** does this passage teach or reveal about what I should:
 - Believe about God?
 - Praise or thank or trust God for?
 - Have a new attitude about?
 - Do for the sake of Christ, others, or myself?
5. **How** should I apply this passage?
6. **Pray** the Scripture back to God, lingering on anything He highlights.