

Psalm 71:5 - For you, O Lord, are my hope.

**Psalm 146:5** - Blessed is he whose help is the God of Jacob, whose hope is in the Lord his God.

Isaíah 40:31 - But they who wait for the Lord shall renew their strength...

Isaíah 41:10 - Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

Jeremiah 29:11 - For I know the plans I have for you, declares the Lord, plans for welfare

and not for evil, to give you a future and a hope.

Mícah 7:8 - When I fall, I shall ríse; when I sít in darkness, the Lord will be a light to me.

**John 14:1** - Let not your hearts be troubled. Believe in God; believe also in me.

2 Corinthians 4:16-18 - So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day....

**Romans** 5:2-4 - We rejoice in hope of the glory of God. Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope.

**Romans 8:24-25** - Hope that is seen is not hope. For who hopes for what he sees? But if we hope for what we do not see, we wait for it with patience.

**Romans 15:4** - For whatever was written in former days was written for our instruction, that through endurance and through the encouragement of the Scriptures we might have hope.

\*All Scripture taken from ESV. Photo: freedigital photos. net/DavidCastilloDominici